





Dr. Deb Carlin Psychologist

Several years ago, I found myself getting oriented towards systems – it seemed the most successful people each had a formal, systematic way of operating both personally and professionally. I began to investigate. I studied everything from the Franklin Covey approach to Martha Stewart's calendar to Tony Robbins RPM methodology. Each one had value, something important to offer.

The critical point is to discover what works for you – what is it that you will actually use? And in using it, whatever the tool is, does it propel you forward in your productivity?

I combined the best tools and created a blueprinting format - it's amazing and I have not found anyone who recoils from it, not yet anyhow. With the help of my good friend, Missouri artist, Bryan Haynes, we created a document that is analogous to the blueprint an architect uses when laying out the plan for a structure. Users decide what project they need to map out and begin the process of following a series of specific directions, attending specific questions and apply to and applying their answers directly onto the blueprint. It's impressively helpful from an overview as well as through the specific details. I'm finding myself utilizing this system for all of my projects - both personal and professional. It'll be great to chart the outcomes, much like when I am sailing and charting my course.

We've got templates available, just send me an e-mail and let me know you're ready and we'll get you started. Imagine the impact blueprinting could have in your organization.

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