



When you allow the time...or don't



Dr. Deb Carlin
Psychologist

I have known since February that I would write this column. I needed the perspective that only comes with time.

We each know the experience of being swift to move into action, regardless of timeframe or the heart. That is a mistake. If we deny the time to know what we feel about a given anything, we are missing important elements of what contributes to our decision making process. It is important to know, realize, and contemplate the full picture. Anything less means a loss of time somewhere down the road as the mind craves clarity later.

In February, a friend and colleague of more than 30 years died. One of the things that struck me was her unfinished business. I struggled with her failure to think it forward, and feel, on many levels—personal and professional. Regrettable. I intervened to facilitate getting things done at what we call the 11th hour. We did it; it was not ideal.

Months later now, I am reflective as I am in the midst of clients who are struggling as the result of their denials and delays. They delay the obvious—putting off time for what is important; we know what is important. We cannot delay forever. We cannot make excuses about time and the shortage of it. Everybody gets the same 24/7/365. Use it well; your legacy depends on it.

You will find credible tools on our web site to help you gauge where you are inside of your life, and examine your time management. Try it, and then e-mail me to let me know how it is working for you.

DrCarlin@DrDebCarlin.com

www.drdebcarlin.com

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314 727 0213 or 855 344 1940