



When I am asked to deal with pain



Dr. Deb Carlin
Psychologist

Are you experiencing some form of pain or agony? Got a plan?

My business has been a word of mouth type of practice since I first began working as a psychologist. Someone calls me because they have seen me give a talk or heard an interview or a friend or close colleague makes note they need some assistance or major help and they just dial me up. It's that easy and is 100% confidential.

It always boils down to pain – some form of agony that is a hassle and at some point, just unbearable. It doesn't matter if the issue is fiscal, personnel, a Board of Directors, partners, restructuring, accreditation, or family matters, the call is about a need for relief. The first step is to listen and look for strategic optimism. Next, negotiate a plan of action to achieve relief that makes productive business sense and get to work.

A client called today to let me know that what we had put into place a dozen years ago not only worked then but was sustaining operations currently because the basic principles were solid. We created a structure for decision making with a follow through process that removed the pain that comes with indecision and second guessing. The process for follow through provides open tracking and accountability.

It is all about psychology – perceptions, attitudes, and behaviors mixed with personality. You know, life is 90% psychology, 10% mechanics. The contact information appears right here, just in case you find yourself craving relief.

DrCarlin@DrDebCarlin.com
www.drdebcarlin.com
Partners In Excellence, LLC
Local 314 727 0213
or Toll free 855 344 1940