

## A New Year's Resolution You Can Complete in 3 Days



Dr. Deb Carlin Psychologist

It's only January, and already you're not making it to the gym 3 days a week. The New Year's Resolutions aren't quite as appealing just several weeks down the road, but the old habits are.

You still crave your best life....in THIS lifetime. The question is – how?

You can continue to make deals with yourself or you can do something different. Schedule it!

You don't have to do this alone. That's not how you run your business. Find the best to help you need the best, the best you, the most fully successful version of who you want to be.

I've assembled a team of experts to help you make the investment in yourself so that this year, and all your successive years, will be productively different. Invest 3 days, just 3 days, to attend one of our events.

## Featuring:

- Engaging speakers,
- Interactive workshops,
- Interactive worksnops,
  Dynamic personal assessments and goal setting

The event will be intense, challenging, dynamic, fun and energetic. Join other successful people to improve your work/life integration and the synergetic relationship between physical, psychological, financial and interpersonal dynamics. You'll leave with a blueprint to work toward the life you want, to be-

When your business is in need of improvement or change we move ahead with confidence and make it happen. Why not make your life your main business for just 3 days and make it happen this year?

come the best version of yourself.

This is a top quality event for high performers who want to engineer their best life now.

Either join us for one of our scheduled events or we will create an event experience for you and your team. The point is to get the work done, done in a timely, and with the experts who can do it reputably.

Dr. Deb Carlin Partners In Excellence, LLC www.drdebcarlin.com 314.727.0213